

Information on Compliance with H.B. 204

Policies for the management of Concussion (Traumatic Brain Injury) in youth soccer

Effective May 10, 2011, the H.B. 204 directly affects youth sports and Traumatic Brain Injuries and requires that:

- 1) An informed consent must be signed annually by parents and youth athletes acknowledging the risk of head injury prior to practice or competition
- 2) A youth athlete who is suspected of sustaining a concussion must be removed from play – “when in doubt, sit them out”
- 3) A youth athlete who has been removed from play **must receive written clearance from a licensed health care provider prior to returning to play**

Utah Youth Soccer has developed the guidelines, pertinent information and forms to inform and educate coaches, youth athletes, and their parent(s)/guardian(s) of the nature and risk of concussion including continuing to play after concussion or head injury. Each member association and club will work in concert with Utah Youth Soccer to disseminate these materials and ensure compliance with the new law.