

Match Analysis Worksheet

Name: _____

Team Evaluating:

System of Play (i.e., formation – 1:4:4:2, 1:3:5:2, 1:3:4:3, 1:4:3:3, etc.):

- Forwards
- Midfielders
- Defenders
- Goalkeeper

Defending Tendencies:

- Team shape and balance
- Man-to-Man
- Zonal
- High or low pressure
- Pressing

Attacking Tendencies:

- Team shape and balance
- Direct
- Indirect
- Patterns of play
- Counter attacking

Transition:

- Team's immediate reaction to losing or regaining possession of the ball

Restarts or Set Pieces:

- Attacking
- Defending
- Are they slow or quick to organize
- Specialists and range (i.e., long throw-in)

Key Players:

- Strengths
- Tendencies
- Role

Team Strengths and Weaknesses:

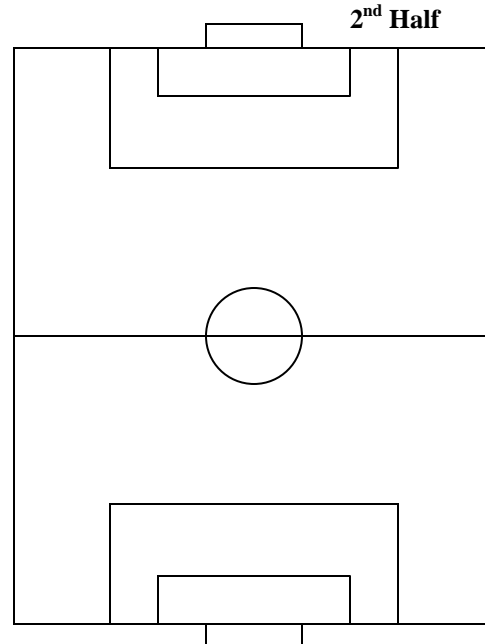
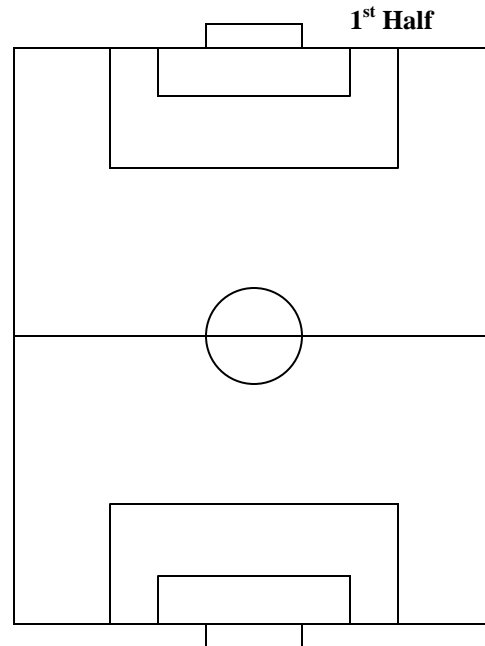
- Technical and tactical proficiency
- Individual and team speed
- Size and physical presence
- Psychological make-up

Personnel Adjustments:

- Score
- Time of game
- Cautions or ejections
- Injuries
- Individual match-ups

Defining Moment:

- A point in which the momentum or outcome was influenced



Technical Training Topic:

Tactical Training Topic: