

12U

Special rules for 12U (same as 11U, but scores and standings kept):

- 9 players on the field
- No heading (indirect free kick)

Field Specifications

- Field width 45-55 yards / length 70-80 yards
- Free Kicks / corner kicks (8 yards from ball)
- Penalty kicks (spot 10 yards from goal)
- Goal size: 6.5 x 18 recommended; 7.5 x 21 allowed
- Penalty area: 36 yards wide and 14 yards into field of play

Game length

Two 30-minute halves, minimum of 5 minutes for half time.