



11U X League 2024-2025

11U is “no scores - no standings”

PHILOSOPHY: UYSA is encouraging flexibility for players to be moved between teams in the same club to facilitate playing time and player development at appropriate levels for all players in this age group. Directors of Coaching (DOCs) should be working with club coaches to ensure technical player development, not team tactics, is the primary focus of these age groups.

The 11Us have been placed into color coded divisions that are ordered by development level. The intent is for DOCs to work with their coaches to keep like players playing like players.

The 11U Red SCL divisions are highly competitive for teams that intend to choose to play Premier as 12Us.

Rosters & Club Passing

- To allow for easy movement of players, teams may use tournament rosters for each game.
- Tournament rosters must be printed and every player who plays **MUST** be on the roster and must be in the same club **and within the same Region**. See [here](#) for instructions on creating a tournament roster.
- 11U players who are rostered to a 12U team may be added onto the 11U tournament roster within the same Club and Region.
- 11U players may club pass to 12U teams a maximum of 4 times each season.
- Players may not play in more than 2 games on any day. **Players should not play in more than 3 games within 7 days.**
- Players within the same age group, color division and club may play on multiple teams except, if the teams are competing against each other in a scheduled match on the same day, they may not appear on both rosters.
- Players may only be placed on tournament rosters that are registered to teams within their club and their respective Region.
 - Example: If club A has teams in Region 3 and 4 and they have a game in Region 3, they may only use players registered to the team(s) in Region 3.
- A club or Organizational Member may use a pool of players from within their club and Region to assign players of like ability to rosters for games.
- Maximum number of players on the roster: 11U - 15.
- Coaches are encouraged to set their roster a minimum of 48 hours prior to game time as a courtesy to parents to know when and where the player is expected to be playing their game.

Scores & Standings

- After the game is played each team's Coach or Team Manager shall record the score as **0-0**.
- The **actual score** of these games **should not be recorded** in the Score section in the online system but “may” be recorded in the Comments section.



Alignment for 11U and then 12U in Fall 2025

- Fall alignment for 11U will be self-alignment done jointly between each Organizational Member's DOC and the Competition Sub Committee Representative for each Region.
- Fall alignment as 12U
 - Self-alignment
 - If your team wants to play 12U Premier, you "must" have played 11U Red SCL the previous Spring.

11U Age Specific Rules:

- 9 players on the field
- No heading (indirect free kick)

Field Specifications

- Field width 45-55 yards / length 70-80 yards
- Free Kicks / corner kicks (8 yards from ball)
- Penalty kicks (spot 10 yards from goal)
- Goal size: 6.5 x 18 recommended; 7.5 x 21 allowed
- Penalty area: 36 yards wide and 14 yards into field of play

Ball sized 4

Game length Two 30-minute halves, minimum of 5 minutes for half time

Have a Great Season!

As always – if you have a question – send it to us or call.

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