

Utah Spring State Cup 2026

April 20-May 6, 2026

Regional Athletic Complex

Presented by Intermountain Health



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**U15-U19 Finals
To Be Announced**

**U13-U14 Finals
Zions Bank Real Academy
May 4th
6:30 PM and 8:30 PM**



National Championships July 2026

Salt Lake City and Provo, UT (Boys)
& Murfreesboro and Smyrna, TN (Girls)



USYS
NATIONAL
CHAMPIONSHIP
SERIES



Intermountain Health Athletic Trainers will be on-site all days!

Stop by and visit us! We'd love to help you .



TOURNAMENT
NUTRITION GUIDE



Intermountain
Health

Proud Sponsor of Utah Youth Soccer

STATE CUP HOODIES

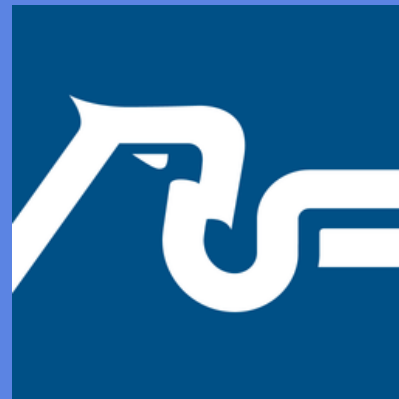


SCAN ME



Hoodies will be available on site while supplies last! You can also order online throughout the tournament! 7

THANK YOU TO OUR SPONSORS





TACOS \$3.95

ON HANDMADE CORN TORTILLAS

CARNE ASADA (CERTIFIED ANGUS)
GRILLED STEAK, CILANTRO, ONIONS

PASTOR (VOTED BEST IN UTAH)
GRILLED ADOBADA (PORK), CILANTRO, ONION + PINEAPPLE

TINGA DE POLLO
SHREDDED CHICKEN BRAISED IN CHIPOTLE,
TOPPED WITH LETTUCE & QUESO FRESCO

PESCADO (MAHI-MAHI)
GRILLED FISH, CABBAGE, PICO, CHIPOTLE CREMA

CAMARONES (SHRIMP)
GRILLED SHRIMP, CABBAGE, PICO, CHIPOTLE CREMA

SURF & TURF \$5.50
STEAK & SHRIMP, PICO, CHIPOTLE CREMA

GRINGA \$5.50
FLOUR TORTILLA, GRILLED MOZZ, ASADA, BEANS, ONION,
CILANTRO, GUAC

SUPER NACHOS \$12.95

*HOUSEMADE CHIPS, CHEESE, RICE, BEANS,
LETTUCE, PICO, CHIPOTLE CREMA:*

CHOOSE: ASADA, PASTOR, CHICKEN

SURF & TURF \$14

HALF SIZE NACHOS \$7.50

BURRITOS \$12.50

*FLOUR TORTILLA, CHEESE, RICE, BEANS, PICO, GUAC,
& CHIPOTLE CREMA*

CHOOSE: ASADA, PASTOR, POLLO

SHRIMP \$12.50

SURF & TURF \$14

CALI QUESADILLA \$11.95

*FLOUR TORTILLA, CHEESE, MEAT. SIDE OF PICO,
CHIPOTLE CREMA*

CHOOSE: ASADA, PASTOR, CHICKEN

SURF & TURF \$13.50

EXTRAS

CHIPS, PICO, & GUAC \$5

SIDE OF GUAC \$2

SIDE OF BEANS \$1.95

SIDE OF RICE \$1.95

TRES LECHES CAKE \$6

ELOTE (MEXICAN STREET CORN) \$4
MAYO, COTIJA CHEESE, CHILE POWDER

DRINKS

MEXICAN COKE, JARRITOS, SANGRIA

BOTTLED WATER

PLEASE VISIT OUR RESTAURANT LOCATIONS:

151 S REGENT ST. SLC UT

12300 S 272 E DRAPER

LOVE OUR FOOD, FOLLOW US AND TAG US

ON SOCIAL:

 @MAIZETACOSUT

 @MAIZETACOSUT

 @MAIZETACOS

DATES ONSITE: APR. 20-30

CHECK OUT MAIZE TACOS AT VENDOR VILLAGE!

NO CASH PAYMENTS PREFERABLY, ALL CARDS ACCEPTED. VENMO:@MAIZETACOS WE GLADLY ACCEPT TIPS!

THANKS FOR YOUR PATIENCE WE ARE HAND MAKING WARM AND DELICIOUS TORTILLAS



**DATES ONSITE:
APR. 20-30**

KONA ICE®



KLASSIC

\$4.00



KING

\$5.00



**COLOR
CHANGING**

\$6.00



KOLLECTABLE

\$7.00



ICED & FROZEN

\$6	TILT NITRO ENERGY™
N/A	BERRY TILT
\$8	FRAPPE
\$6	REFRESHER
\$5	LEMONADE
\$4	ICED TEA
\$5	TOMMY PALMER
\$6	NITRO COLD BREW
\$5	COLD BREW
\$7	ICED MACCHIATO
\$6	ICED LATTE
\$6	ICED MATCHA
\$6	ICED SPICED CHAI

HOT SPECIALTY

\$6	LATTE
\$6	CAPPUCCINO
\$7	MACCHIATO
\$6	MATCHA
\$5	FLAT WHITE
\$4	AMERICANO
\$6	MOCHA
\$6	WHITE CHOCOLATE MOCHA
\$6	DIRTY CHAI
\$5	SPICED CHAI
\$5	HOT CHOCOLATE
\$5	CINNAMON APPLE CIDER

Flavor your beverage with one of the following flavors!
 French Vanilla, Caramel, Salted Caramel, Mocha, Hazelnut, White Chocolate, Mango, Raspberry, Peach, or check out one of our seasonal offerings.

**DATES
 ONSITE:
 APR. 20-23,
 27-30**

TRAVELIN' TOM'S OF POINT OF THE MOUNTAIN

pointbooking@travelintomscoffee.com | 385-323-2226 | travelintomscoffee.com



SOUTHERN HEIGHTS BBQ
HIGH ALTITUDES, SOUTHERN FLAVOR

SANDWICHES

PORK	\$8
BRISKET	\$12

COMBOS ADDITIONAL \$3 (1 SIDE & 1 DRINK)

SIDES

COLE SLAW
BAKED BEANS OR CHIPS

Southern Heights BBQ

On Site

April 20-21

April 27-28

SOCIAL MEDIA

Be on the lookout for our media manager! They'll be gathering content all tournament long during warmups, game time, halftime, and post game.

Follow us @utah_youth_soccer

